



Spul'ukwuks Elementary School
5999 Blanshard Drive, Richmond, BC V7C 5V4

RICHMOND
SCHOOL DISTRICT NO. 38

Website: <http://spulukwuks.sd38.bc.ca/>
Twitter: @spuleagles

Tel: (604) 303-5100

Mrs. Elaine Stapleton
Principal

Mrs. Jenny Slinn
Vice Principal

May 3, 2024



DON'T FORGET!

Make sure your children have what they need to be comfortable outside. A hat, water bottle, sunscreen, and cooler clothing are important for our third term. Don't forget we can still get rain in warmer weather, so outside shoes/boots and a waterproof jacket or poncho (sold at the dollar store) are still key items to have.

PLEASE PACK A SNACK FOR RECESS!

We have many students asking for food because they don't have a snack for recess. Please ask your child if they get hungry before lunch, and if they do, pack a snack for them. Fresh fruit is always a good choice!



MURAL

There has been great excitement this week, as Debra Sparrow and her team have been at Spul'ukwuks working on our mural! We are all eager to see the finished product. The team is moving quickly, so we hope it won't be long. Please respect the artists working, and do not touch the mural. Here's a sneak peak of the mural earlier this week:



STUDENT AND FAMILY AFFORDABILITY FUND

The provincial government recently announced a renewal of one time funds for the *Student and Family Affordability Fund*. This fund is designed to assist families who require financial assistance with school-related costs in the following areas:

- school and course fees
- school supplies and course materials
- field trips
- school-related extracurricular opportunities
- clothing and footwear required for sports and school activities

Please reach out to Mrs. Stapleton if you need assistance. As always, all requests will be treated with dignity and your privacy will be respected. We want to work with our families to ensure that our students, your children, have everything they need to be successful at school. Please do not hesitate to reach out if we can help.

CHILD AND YOUTH MENTAL HEALTH



We know that having caring, connected conversations can significantly impact the mental health of children and youth. Join us to listen to Kim Barthel talk about having more self-compassion, self-awareness and knowledge about the art and science of relationships. Our kids mean so much to us, and yet disconnection, dissociation and even the potential for self-harm is very real. A holistic and engaging story-teller, Kim will introduce the basics of attunement, attachment theory, trauma-sensitive practice, sustainable self-care and above all the power of connection and inclusion.

Kim Barthel is a Canadian occupational therapist, speaker, multi-disciplinary teacher, mentor and best-selling author who is active in supporting people in many contexts globally. Kim is passionate about understanding mental health, complex behaviour, neurobiology, movement, trauma-sensitive practice, attachment, sensory processing and learning. An advanced NDT (Neuro-Developmental Treatment) instructor, Kim has 39+ years of practice in helping people to be their best selves. She is a contributor to a number of textbooks on NDT, Pediatric Occupational Therapy and Trauma, and in 2019 Kim was honoured to receive the Award of Merit from the Canadian Association of Occupational Therapy. Her overall mission, reflected in everything she does through Relationship Matters (the small company that she leads along with her husband and partner Bob Spensley) is to support the conscious evolution of the human spirit. kimbarthel.ca.

Please submit your question Kim Barthel about connecting with kids when you register, she will use these questions for the Q & A component of this event.

Date: May 7

Time: 6:00 pm - 8:00 pm PDT

Organizer: <http://www.familysmart.ca>

Email: info@familysmart.ca

<https://familysmart.ca/event/connecting-with-kids/>

DATES FOR YOUR CALENDAR

May 10	Spirit Day – Character Day
May 14	Class, Group, and Panorama Photos
May 16	PAC Meeting 9:30am
May 17	Professional Day – No School for students
May 20	Victoria Day Holiday – School closed
May 22	Talent Show Performance 1 (Parents of participating students are invited) 1pm
May 23	Talent Show Performance 2 (Parents of participating students are invited) 1pm
May 24	Gr. 7 Orientation at Burnett
May 24	Welcome to Kindergarten 1:15pm (for next year’s K students)
May 27	Track Meet at Minoru (Intermediate)

CONNECT WITH SPUL’U’KWUKS PAC

If you would like to get in touch with our Spul’u’kwuks PAC, use this QR Code to send a message and find out more about what PAC does and how you can get involved.



BECOME HOMESTAY at the RICHMOND SCHOOL DISTRICT

Be a host for an international student for a month, semester or year. Richmond International Education (RIE) Homestay Program is looking for local families to offer a welcoming home.

Contact us to find out more about this enriching opportunity.

study@sd38.bc.ca

604-668-6217



RICHMOND
INTERNATIONAL EDUCATION
ENRICHING GLOBAL MINDS