



**Spul'ukwuks Elementary School**  
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**Mrs. Elaine Stapleton**  
Principal

**Mr. Kristi Narbett**  
Vice Principal

January 14, 2022

We have had a great first week back at school! We've enjoyed hearing stories about your time over the break and the creative ways families were able to have fun while staying safe.

On Monday, all classrooms presented a [PowerPoint](#) to students with reminders and some new Health and Safety measures as we begin the term. As mentioned in last week's newsletter, we really appreciate your help at home in reminding your children about personal space, mask wearing and sending extra masks to school, and keeping them home when they aren't feeling well. In addition to Covid, the regular cold and flu season is here, and we want to keep everyone as healthy as possible.

**MANDATORY DAILY HEALTH CHECK**

Please remember to complete the Mandatory Daily Health check every morning. It is the responsibility for ALL staff and students before coming to school each day. If your child is experiencing ANY of the listed symptoms, they should not attend school for the day. You may also refer to the [K-12 Health Check APP](#) for more information.

Inform the school that your child will be staying home because they are ill by calling and leaving a message on the Early Warning line at 604-303-5108. If possible or appropriate for your situation it would be helpful if you could indicate the nature of the illness (for example, tooth ache, chicken pox, or COVID). If symptoms continue, please contact your health practitioner, or call 811 to obtain medical advice regarding staying home or returning to school.



It can be very confusing to know what to do if you contract Covid or if a household contact tests positive. This is the latest information from Coastal Health:

**Cases**

- Vaccinated case –Self-isolate for 5 days
- Partially vaccinated case –Self-isolate for 10 days
- Unvaccinated case –Self-isolate for 10 days

**Contacts**

- Vaccinated household contact –Self-monitor
- Partially vaccinated household contact –Self-isolate for 10 days
- Unvaccinated household contact –Self-isolate for 10 days

For more details, please visit the BCCDC's website:

<http://www.bccdc.ca/health-info/diseases-conditions/covid-19/if-you-have-covid-19>

Thank you for doing your part in helping to keep our school community safe and healthy!

**INTENT TO ATTEND FORM**



Every year, the school is required to collect information from families about their intentions for next school year, so that we can start the planning process. This year, the form was sent home electronically, and you can complete it and return it by email. If you need a paper copy sent home, please email the office at [spulukwuks@sd38.bc.ca](mailto:spulukwuks@sd38.bc.ca) and we can send a form home with your child. You will have received an email with the form attached yesterday, and we appreciate you completing it and returning it as soon as possible.

## PINK SHIRT DAY



Pink Shirt Day is on February 23<sup>rd</sup>. This day is a chance for us to remind ourselves of the importance of being kind to others and creating an inclusive community free from bullying. We never stop our efforts to learn more and to educate others about why kindness matters.

This year, we are offering families the opportunity to purchase adult and youth t-shirts as well as bracelets to recognize Pink Shirt Day. [CashOnline](#) is now open to accept orders. The (FIRM!) deadline for placing orders is next Wednesday, Jan. 19<sup>th</sup> at 4:00pm so we can place the order and get delivery in good time.

Adult shirts: \$9.99/\$10.99  
Youth shirts: \$8.99  
Bracelet: \$2.65  
Tax and shipping included in prices.



**“Be kind whenever possible. It is always possible.”** Dalai Lama

## DARE PROGRAM

Next week, students in Gr. 5 will begin participating in the DARE Program. All students in combined classes (Gr. 4/5 and Gr. 5/6) will participate. Dare stands for **Define Assess Respond Evaluate**, which is a decision-making model with a substance use prevention component. DARE connects with our curriculum through the Core Competencies, Physical and Health Education, and Career Education. There are 10 components to the program that students will work through over the course of this term.



## BURNETT GR. 7 PARENT INFORMATION NIGHT



For parents of students in Gr. 7, Burnett will be holding an information night on Thursday, January 27<sup>th</sup> at 6:30pm. This event will be held virtually. Closer to the date, please check their website for more information:  
<https://jnburnett.sd38.bc.ca/>

## VACCINATIONS FOR CHILDREN 5 to 11 years

If you wish to have your child vaccinated (1<sup>st</sup> or 2<sup>nd</sup> shot) you need to register to make an appointment. No shots will be offered at school, so you will need to take your child to a clinic. You can use this link to register:

<https://www2.gov.bc.ca/gov/content/covid-19/vaccine/children>

The website also offers information about vaccines for children, eligibility, consent, booking, and translation.



## UPCOMING DATES

Thursday, Jan. 20	PAC Meeting 9:30am
Monday, Jan. 31	Professional Day – No school for students
Thursday, Feb. 10	Kindergarten Hearing Screening
Feb. 14 – 17	Scholastic Book Fair (In-person for students, virtual for parents/guardians)
Wednesday, Feb. 16	EARLY DISMISSAL (1:45pm) for Conferences
Thursday, Feb. 17	EARLY DISMISSAL (1:45pm) for Conferences PAC Meeting
Friday, Feb. 18	Professional Day – No school for students
Monday, Feb. 21	Family Day Holiday – School closed
Wednesday, Feb. 23	Pink Shirt Day