



Spul'ukwuks Elementary School
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Mrs. Elaine Stapleton
Principal

Mr. Kristi Narbett
Vice Principal

September 16, 2022

Please note that the school will be closed Monday in order to observe the National Day of Mourning to commemorate the funeral of Queen Elizabeth II.

OUTSIDE PLAY EVERY DAY

Our students go outside to play every day at recess and lunch, even if it's raining. Please ensure that your child arrives with everything needed...boots, jacket with a hood or waterproof poncho (dollar store!) that can go over clothing, umbrella, inside shoes, and a full change of clothing. All of these items can be left at school so that you don't need to worry about them on a daily basis. Going outside in the rain isn't a problem with the right clothing!



STUDENT AND FAMILY AFFORDABILITY FUND

Don't forget that the provincial government has created a Student and Family Affordability Fund to support families in need financially. Please contact Mrs. Stapleton, estapleton@sd38.bc.ca, if you are in need of assistance with school supplies, fees or other school-related costs, including instrument rental. As always, all requests will be treated with dignity and your privacy will be respected. We want to work with our families to ensure that our students, your children, have everything they need in order to be successful at school. Please do not hesitate to reach out if we can help!

FORMS



You should have received a variety of paperwork and forms this week. We ask that you read the information carefully, sign and return what is required, and pay for the school charges approved by the District using [CashOnline](#). Directions for families new to CashOnline were sent home to parents who did not have an account.

BASIC SCHOOL SUPPLIES

For families new to our school and District, the Richmond School District provides basic school supplies to all students for a standard charge (\$30). This means that parents do not have to go shopping to find the materials their children need for school and that all children have access to the same materials. If your family has financial challenges, please contact Mrs. Stapleton.



CODE OF CONDUCT



Attached is the School District's Code of Conduct, which applies to everyone at all of our facilities, including schools. Behaviour expectations for adults (staff, parents, visitors) and students are outlined. We hope that all people treat each other respectfully, so that we have a safe and caring community!

STUDENT ILLNESS



This time of year is the beginning of our typical cold and flu season, and we can expect that there will be some illness in our community. We noticed over the last two years that with all the additional handwashing, the incidence of illness was much lower, and we hope to keep it up again this year. Please ensure that your contact numbers are up to date with the office and that we are able to reach you to come pick up your child if necessary. It is a good idea to have a back-up-plan in case your child is ill!

We do not have a Mandatory Daily Health Check this year, however, we ask that you monitor your

child for symptoms of illness on a daily basis. If your child does not feel well, please do not send them to school, as we will need to call you to come back and get them.

TERRY FOX

We are participating in the Terry Fox Run again this year, with a course planned out for us in the field on Thursday. Part of the importance of this run is to give students a small bit of insight into what Terry went through on his run (much longer than we will be running!) and to raise money for cancer research. We know that cancer can affect any one of us, and many of us have likely already been affected by it one way or another. "Toonies for Terry" can start to come to school on Tuesday. For your convenience, we have also opened [CashOnline](#) for donations. Our goal is to beat last year's donations of \$1600!

I want to set an example that will never be forgotten"

Terry Fox

"Toonies for Terry" can start to come to school on Tuesday. For your convenience, we have also opened [CashOnline](#) for donations. Our goal is to beat last year's donations of \$1600!

Food News

FRUIT AND VEGGIE PROGRAM

The fruit and veggie program will return this year! Approximately once a month, BC grown fresh fruit or vegetables (and one delivery of cheese) will be dropped off at the school for students to try. Teachers will distribute the food to their classes and provide time for students to eat their snack. Below is a list of the delivery items. If you do not want your child to participate, please contact the office.

September 26	Blueberries
October 17	Organic Bartlett Pears
October 31	Baby carrots
November 21	Halo Mandarins
January 23	Royal Gala Apples
February 6	Mixed Organic Apples
February 27	Anjou Pears
May 8	Armstrong Marble Cheddar Cheese Sticks
May 29	Ambrosia Apples



PAC HOT LUNCH



PAC Hot Lunch is back! Spu'lu'kwuks PAC offers weekly lunches, delivered to school on Mondays, for all students in Grades K-7. Registration and ordering are on [Munch a Lunch](#), through our school website. The first delivery date will be on October 3rd. Munch a Lunch will be opened on September 23rd to begin taking your orders.

STUDENT LUNCHES

[Libby's Kitchen](#) will deliver lunches to students Tuesdays to Fridays beginning in October, so there is no conflict with PAC Hot Lunch. Until the end of September, you can order every day.



Again, if you choose to send lunches to school with your child, we encourage you to send them in the morning. We have already had lunches arriving late and we cannot provide supervision for your child to stay in the classroom and eat later than the other students. Please be on time!

Reminder: Drop off of student lunches for Divisions 1-14 will be directly to the classroom outside door. Each room has a ledge where you can leave the lunch. Drop off for Divisions 15, 16, and 17 will be on the black cart inside the front doors of the school. The teachers of these three classes request that student lunches be delivered by 11:30am.

MORNING DROP-OFF REMINDERS!



The drop-off lane is for drop and go! If you want to use the drop-off lane, we are relying on you to keep traffic moving. Please drive forward to the first available spot, have your kids organized so they can get out of the car quickly, and leave the drop-off lane. Please do not get out of your vehicle, walk your child to class, or wait for your child to enter their classroom. If you would like more time with your child, please find a parking spot on the street and walk in with your child.

The School District has provided some [Traffic Safety in School Zones](#) information that is important for all parents to read and share with their children as we get back into school routines. Traffic safety is the responsibility of all who are on the roads and sidewalks.

GR. 6/7 LEADERSHIP CONFERENCE



On Wednesday and Thursday, last week, our Gr. 6 and 7 students attended a Leadership Conference within the school. They discussed the concept of leadership, participated in a variety of activities, listened to a guest speaker (Ms. Jane Macmillan, Assistant Superintendent), and signed up for a variety of leadership opportunities within the school. Thank you to our teachers, Mr. Parhar, Mrs. Shackles, Mrs. Paige, Ms. Hwu, Ms. Luick, Ms. Rakhra, and Mrs. Hyrman for their organization and support!

DON'T FORGET: MEET THE STAFF!

Our meet the staff will be held on **Wednesday, September 21st from 5:15-6:30pm**. Families are invited to visit their children's classrooms from 5:15-5:45, and then we will head outside for a BBQ and you can chat with your children's teacher and classmate's families. For those families that ordered meals, your order forms will be in your child's classroom when you arrive for the event.



WHAT IS A PROVOCATION?

Provocations are used to provoke thoughts, discussions, questions, interests, creativity, and ideas.

Here's an example from Mrs. Myers' class that you can use at home with your family to encourage discussion.

Look at the picture with your family and then ask each person their thoughts on the questions:

What does "community" mean to you?

What do different communities look and feel like?



Thank you to **Divisions 16** (Ms. Toy) and **17** (Ms. Birch) for our first Spirit Day of the school year!

We loved silly sock day!!

Divisions 5 and 7 are leading our next day on October 14. Gather your friends and start planning for Multiples Day! (twins, triplets, quads, etc.)