

Mrs. Elaine Stapleton Principal

March 10, 2023

Spul'u'kwuks Elementary School 5999 Blanshard Drive, Richmond, BC V7C 5V4

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Mr. Kristi Narbett Vice Principal

MENTAL HEALTH WEEK: ZOOM WEBINAR FOR PARENTS

Mental Health Week is taking place May 1 - 5, 2023. Events to support mental health awareness around the theme of the digital world will be taking place throughout the week, including a free Zoom webinar for parents (K-12) with Dr. Deborah MacNamara on Tuesday, May 2, from 6:30 – 8 pm. She will be speaking on the topic, Holding on to our Children in the Digital World. Zoom details to come.

COVID TEST KITS AVAILABLE

We have some Covid Test Kits available at the office if you wish to get one for your family. Each kit contains 5 tests. We are not permitted to give the kits to students, so if you would like a kit, please have an adult come to the office. We will offer one per family until the kits are gone. Please note the expiry date is May 2023.

JUST B4 PRESCHOOL REGISTRATION

September 2023 intake is opening next week <u>online</u> for 2019 Birth Year students. A flyer with information is attached.

EARLY LEARNING FAMILY (ELF) EVENTS

Ready Set Learn is back in person. The ELF Events are open to 3- to 5year-old preschoolers and their families. Four events are held in April and includes engaging learning activities and the Penny Pom. Attached is an information sheet and an event flyer.

BURNETT BASKETBALL TOURNAMENT



Congratulations to our basketball teams for a fun and successful tournament with great wins for both! Our Gr. 6/7 teams experienced two days of playing games in the big high school gym, and the boys team won the trophy! Special thanks to our coaches, Mr. West, Mrs. Hyrman, Ms. Rakhra, Mrs. Magnan, and Ms. Ingham for their time and support.

SPUL'U'KWUKS SPIRIT WEAR: Last day to order is March 31!

We are once again offering families to opportunity to purchase Spul'u'kwuks Spirit Wear! Spul'u'kwuks t-shirts and pull-over hoodies are available to order through <u>URstore</u> in Youth and Adult sizes in your choice of black, grey or red with Spul'u'kwuks Eagles logo across the front. The last day for orders to be submitted is Friday, March 31, by 4:00pm. The orders



will be made over our break and will be delivered to school our first week back in May. *Please be careful to select YOUTH or ADULT size and the COLOUR you prefer.* Use the sizing guide on the website and measure carefully.

CITY OF RICHMOND: TELL US WHAT MATTERS MOST TO YOUTH

If you are between 13 to 24 years old, a parent/guardian, work with youth, or represent a youthserving organization - please share your feedback on the City of Richmond's Draft Youth Strategy.

The City of Richmond is committed to ensuring all youth in Richmond have a safe, healthy, and enriching journey to adulthood. The Youth Strategy:

- will guide the City's work with and for young people in Richmond aged 13-24 years;
- serves as a road map for the City, its partners and local organizations to deliver services, programs and supports for youth in Richmond; and
- includes Strategic Priorities and Actions the City and its partners will take to ensure the well-being of Richmond youth and provide access to opportunities that can help young people live their best lives.

The City of Richmond is seeking feedback on the Draft Youth Strategy including the Draft Vision, along with the Draft Strategic Priorities and Supporting Actions. The feedback collected through this process will ensure that



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diverse perspectives and key interests are represented in the Strategy before it is finalized and presented to Richmond City Council for approval and implementation.

If you require assistance to complete the survey or have questions about the Draft Youth Strategy or events, please contact vouthservices@richmond.ca. 如果您需要帮助完成本调查,请发送电子邮件

至 youthservices@richmond.ca

UPCOMING DATES FOR YOUR CALENDAR

- March 23 PAC Meeting 9:30am
- March 24 Spirit Day – Theme TBD
- March 27 Written Learning Update: Report Cards home
- Last day of school before Spring Break March 31
- First day back after Spring Break May 1