

Mrs. Elaine Stapleton Principal

## March 17, 2023

### PAC HOT LUNCH



**Spul'u'kwuks Elementary School** 5999 Blanshard Drive, Richmond, BC V7C 5V4

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> Mr. Kristi Narbett Vice Principal

Starting today, Munch-a-Lunch is ready to accept orders for Term 3 (May to July). Because munch-a-lunch will go completely offline from late June for summer break, orders for the month of July must be submitted and paid by **Thursday, June 15th**. No orders can be added, changed, or cancelled after June 15th. <u>If you are new to the school or to Munch-a-lunch, click on the picture to the left to get started</u>. You can

order a lunch for your child to be delivered every Monday and support our PAC at the same time!

### SPIRIT DAY

Our next Spirit Day is Friday, March 24<sup>th</sup>, and is sure to be a hit with many of our students...It's Pokémon Day! Each classroom teacher will decide if Pokémon cards can be brought to class that day. If you are unsure, please check with your child's teacher. If you do not know how your child can dress up for this



Spirit Day, here's a tip...Google "DIY Pokemon Costumes" to get an idea of how you can make something at home. You can also search different characters and focus on the colours they wear. Stuffies are welcome on Pokémon Day!

### **REMINDERS...**

#### MENTAL HEALTH WEEK: ZOOM WEBINAR FOR PARENTS



Mental Health Week is taking place May 1 - 5, 2023. Events to support mental health awareness around the theme of the digital world will be taking place throughout the week, including a free Zoom webinar for parents (K-12) with Dr. Deborah MacNamara on Tuesday, May 2, from 6:30 – 8 pm. She will be speaking on the topic, Holding on to our Children in the Digital World. Zoom link will be emailed by the district before then.

### COVID TEST KITS AVAILABLE

We have some Covid Test Kits available at the office if you wish to get one for your family. Each kit contains 5 tests. We are not permitted to give the kits to students, so if you would like a kit, please have an adult come to the office. We will offer one per family until the kits are gone. Please note the expiry date is May 28, 2023.

# UPCOMING DATES FOR YOUR CALENDAR

| March 23 | PAC Meeting 9:30am          |
|----------|-----------------------------|
| March 24 | Spirit Day – Pokémon Day    |
| March 27 | Written Learning Update:    |
|          | Report Cards home           |
| March 29 | Band Concert for Div. 1, 2, |
|          | 3 & 4 Parents 1:45pm        |
| March 31 | Last day of school before   |
|          | Spring Break                |
| May 1    | First day back after Spring |
|          | Break                       |
|          |                             |

