



Spul'u'kwuks Elementary School
5999 Blanshard Drive, Richmond, BC V7C 5V4

RICHMOND
SCHOOL DISTRICT NO. 38

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Mrs. Elaine Stapleton
Principal

Mr. Kristi Narbett
Vice Principal

Spul'u'kwuks Sports Day 2023

This year's theme is *"The Four Elements"*

Students will participate in a variety of fun activities!

The four team colours are: **GREEN** - **GREY** - **RED** - **BLUE**
(Earth) (Wind) (Fire) (Water)

Students are encouraged to show their team spirit by wearing team colours on Sports Day.

Parents and families are welcome to join us on Sports Day to cheer their children on!

We ask that all spectators respect personal space, keeping to the outside of the field and the station areas.

Please DO NOT walk through the field and stations areas. (see map on next page)

When: Friday, July 7th at 8:45am – 1:30 pm (Activities to start on the field at approximately 9:10am)

Where: All events will be taking place on the west field behind the playground/tennis courts.

Shape of the Day

◇ **Wheels Parade***

- Students wishing to ride a **NON-MOTORIZED bike or scooter** in the Wheels Parade should bring their wheels to the basketball court outside the **GYM between 8:30 and 8:45am (do NOT lock it up outside in the morning)**. Supervisors will be there to show them where to put it and to keep an eye on it until the parade.
- Parents who wish to take their child's bike home (or place it in their car) following the parade are welcome to do so. Bikes will be kept in a contained area with supervision for the rest of the day.
- Decorations are encouraged to make the bikes and scooters festive and fun!!!

*NOTE: Helmets **MUST BE WORN** in the parade.

Students without helmets will **NOT be able to participate**.

◇ **Cheer Challenge:** Colour teams will present cheers to build team spirit to kick off our day!

◇ **Station Rotations:** Teams will compete with each other in fun Sports Day activities. There will be a snack break (granola bar) halfway through the stations.

◇ **LUNCH** (approximately 11:45 – 12:30pm)

A Hot Dog and drink will be provided to each student by PAC. It will be a regular lunch period in classrooms, but families that wish to eat lunch together outside may **SIGN OUT** their student from the classroom.

◇ **Tug-of-Wars** (grades 1-7)

*** **Dismissal @ 1:30 pm** ***

*** **Remember:** ***

- Dress for the weather. It could be hot!
- Wear a **HAT** and put on **SUNSCREEN**.
- Bring your **WATER BOTTLE**. You will take it outside with you.

Sports Day Map

