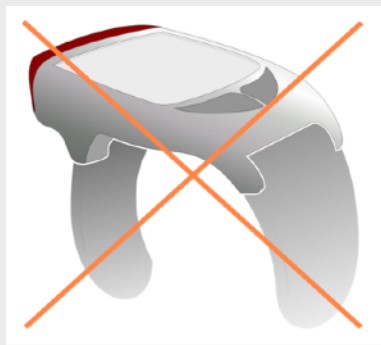


# SPUL'U'KWUKS NEWS

We acknowledge and thank the First Peoples of the **hən'q'əmiŋ'əmə** (hun-ki-meen-um) language group on whose traditional and unceded territories we teach, learn and live.

## Smart Watches



Please remember that smart watches are an example of a personal electronic device and they are not permitted at school, as they have multiple functions. If your child brings a smart watch to school, it must be powered off and stored in their backpack.

## Halloween Costumes

Students are welcome to wear their Halloween costumes to school on October 31! Please keep in mind that costumes should be suitable for all of our students (some are only four years old). Knives, guns, machetes, swords, and other costume weapons must be left at home.

## SPUL'U'KWUKS WALK AND TALK

Building connection, community, and readiness for class



## Walk and Talk

You may have noticed that many of our classes are participating in a morning walk that takes place after the morning announcements at 8:45.

Research shows that morning walks help with **concentration, creativity, and focus**. Our walk helps students and staff engage with each other and builds a stronger sense of **connection and community!**

This week, we changed the location of our walk to the back of the school to give us more space. It is helpful if your child is on time for school and can head outside with their class.

If your child participates in the walk and is late to school, please bring them to the back of the school and help them find their class outside so they are kept safe.



## Dates for your Calendar

- Oct. 11: Family Movie Night
- Oct. 14: Holiday: Thanksgiving (School Closed)
- Oct. 15: PAC Meeting 9:30am (Virtual)
- Oct. 17: Shake Out Earthquake Drill
- Oct. 18: Wacky Hair Day
- Oct. 19: Provincial Election
- **Oct. 29: Early Dismissal at 1:45pm for Conferences\***
- **Oct. 30: Early Dismissal at 1:45pm for Conferences\***
- Oct. 31: Halloween

\*Please note that all students are dismissed at 1:45 on BOTH Tuesday, Oct. 29th and Wednesday, Oct. 30th. Ensure that your care providers know about the early pick-up time!

**Access the multi-faith calendar at:**

<https://multifaithcalendar.org/cal/index.php>

## Government of Canada Recognized Heritage Months

**German Heritage Month** ([link](#)): A time to recognize the contributions German Canadians have had and how their heritage has shaped Canada's current social and economic fabric.

**Canadian Islamic History Month** ([link](#)): A time when all Canadians can learn more about the culture, contributions, and achievements of the Muslim community. **Go [here](#) to access IHM poster featuring 10 Muslim Olympians** who competed at the 2024 Paris Olympics. The poster highlights their achievements and resilience.

**Community Inclusion Month** ([link](#)): This month celebrates the valuable contributions that people with developmental disabilities make and recognizes the importance of communities where everyone is included.

**Latin American Heritage Month** ([link](#)): A time to showcase the richness and vitality of Latin American cultures and heritage while reflecting on the contributions the Latin American community have made to Canadian culture.

**Women's History Month** ([link](#)): In 1992, the Government of Canada designated October as Women's History Month, marking the beginning of an annual month-long celebration of the outstanding achievements of women throughout Canada's history.

**A reminder that over the next couple of weeks, our Jewish students, families and staff will be celebrating Rosh Hashana** ([link](#)). A significant two-day celebration of the Jewish New Year that begins on the evening of October 2, ends at nightfall on October 4, and **Kol Nidrei** ([link](#)), a prayer evening which ushers in the Jewish holiday, **Yom Kippur** ([link](#)) on October 11/12.

In addition, **our students, families and staff, observing Hinduism**, will be celebrating **Dussehra** ([link](#)). An event celebrated on the 10th day of the month of Ashvina (September-October), the seventh month of the Hindu calendar, with the appearance of the full moon, an event called the "bright fortnight" (*shukla paksha*).



# From the Library



**BEAUTIFUL ART COLLABORATION MADE FOR  
THE LIBRARY BY OUR GRADE 6 AND 7  
STUDENTS**

YOU  
REPRESENTS: CARING FOR  
YOURSELF

PLACE  
REPRESENTS: CARING FOR  
THE PLACES WE SPEND TIME  
IN

OTHERS  
REPRESENTS: CARING  
FOR OTHER PEOPLE

PIC•COLLAGE



## VOLUNTEERS NEEDED

Volunteering at the Library is a great way to get involved at Spul'u'kwuks! Ms Chura and Ms Chan the Librarians, are delighted to welcome volunteers back into the library this year. If interested, please contact Ms. Chura for more information:

[achura@sd38.bc.ca](mailto:achura@sd38.bc.ca)

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