

# SPUL'U'KWUKS NEWS

We acknowledge and thank the First Peoples of the **hən̓ q̓ əm̓n̓ əm̓** (hun-ki-meen-um) language group on whose traditional and unceded territories we teach, learn and live.



## Dates for Your Calendar

- Nov. 10: Remembrance Day Assembly
- Nov. 11: Remembrance Day (School Closed)
- Nov. 13: 1-2:30pm Photo Retakes (see attachment)
- Nov. 13/14: PAC Family Photo Nights
- Dec. 1: ProD Day (no school for students)
- Dec. 2: Report Cards available online after school
- Dec. 4: Winter Concert for Parents 9am/ Winter Concert for Students 1pm
- Dec. 5: Last day before Winter Break

Lest We Forget  
*Remembrance Day*  
November 11

All students will be given a poppy before the assembly on November 10.

We ask that families donate \$2 per child if possible.

All funds collected will go to supporting Canadian veterans.

Thank you for supporting this important cause. Cash donation collection will take place from Nov. 3 to 12<sup>th</sup> at school. You may also donate through CashOnline.



**Please don't forget to send  
your poppy donation to  
school on Monday.  
(Or donate via CashOnline)**

**All donations will go the  
Poppy Fund to support  
veterans. Thank you!**

# Why is it important to be on time for school?

Over the last few weeks, we have noticed that more students are arriving late at school in the morning. It is important that students are here on time for many reasons. Below are a few of the benefits to being on time. Stay tuned next week to find out about the long term benefits of being on time and what you can do at home to make it happen!

## Academic Benefits

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### Improved Learning

Arriving on time allows students to settle into the school day without the stress of catching up on missed material. They are present for the beginning of lessons, which often include important instructions and key concepts.

### Higher Academic Performance

Research shows that students who are consistently punctual tend to perform better academically. They are more likely to participate in class discussions, complete assignments on time, and engage fully in their learning activities.

### Better Concentration

Being on time helps students develop better concentration skills. They start their day with a clear mind, ready to absorb new information, rather than feeling rushed or distracted by their late arrival.

## Social and Emotional Benefits

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### Enhanced Social Skills

Punctuality fosters better relationships with teachers and peers. Students who arrive on time are more likely to participate in morning social interactions, helping them build friendships and develop strong social skills.

### Reduced Anxiety

Consistent lateness can cause anxiety and embarrassment. By being on time, students avoid the stress associated with walking into class late and disrupting the learning environment.

### Positive Attitude

Starting the day on time helps set a positive tone for the rest of the day. Students who are punctual tend to have a more positive attitude towards school, contributing to a more enjoyable and productive learning experience.

